

Abundant Life International Church Commission
21-day Daniel Fast | January 2026

2026: My Year of Supernatural SHIFT and Power is Changing Hands
Prayer Points for Week 3: The Week of Preparation

Day 1: Led by the Holy Spirit. This year I put my hand in that of the Holy Spirit; lead me Lord. I will follow you. [Romans 8:14-17; Exodus 23:20-23; Psalms 143:10; Isaiah 48:17; Psalms 32:8](#)

Day 2: Paying attention to spiritual things. This year, help me to be aware of the spirit realm; walking with the Holy Spirit and actively working with the ministry of angels. [Genesis 32:1-2; Psalms 91:11-14; 2 Kings 6:16-17; Hebrews 1:13-14; Joshua 5:13-15; Psalms 34:7](#)

Day 3: Wearing and maintaining my spiritual armor. Lord, help me to keep my armor on; to constantly maintain it and to be strong in you. Lord, please help me to maintain a continuous, persistent fervent Prayer life; not fainting, not giving up. [Ephesians 6:10-17; 2 Corinthians 10:3-5; 1 Peter 2:4-5; Isaiah 49:2; Ephesians 6:18; James 5:16-18; Luke 18:1-8](#)

Day 4: Maintaining spiritual authority over every demonic activity and plan. Lord, help me to take my place of authority, subduing all spiritual opposition. By the help of the Holy Spirit, I will keep all spiritual doors in my life shut. This year I will not bow to sickness, poverty, disease, or devastation. [Matthew 10:1; Luke 10:17-21; 1 Peter 5:8-9; Psalms 44:4-8; 2 Corinthians 10:3-6](#)

Day 5: A life of faith. Help me to live a life of faith; developing and growing in faith. Help me to quench all the fiery darts of the enemy against me and mine; obtaining a good report with God and man.? [Luke 17:5-6; Mark 9:23; Mark 11:22-24; Romans 1:17; Hebrews 11:1-2; Hebrews 10:38; Hebrews 11:6; Ephesians 6:16](#)

Day 6: Laboring in the Word of God. Lord, please help me to labor in your word; to actively grow in its knowledge and application; understanding spiritual principles and letting them shape my life. Develop in me Lord, the fruits of the Spirit, that I might have the character of God.

[Ephesians 6:17; 2 Timothy 2:15; 1 Corinthians 3:1-3; Hebrews 4:11-12; Psalms 149:6; Ephesians 5:1-13; Galatians 5:18-25; 2 Corinthians 7:1](#)

Day 7: Kingdom involvement. Lord, please help me to be found in your house this year; loving your presence; encouraging the brethren and extending your Kingdom. [Hebrews 10:24-25; Matthew 18:20; Acts 2:42-47; Matthew 28:17-20](#)